

The Happy Brain

**An exciting new Body Harmony® Class with
Dr Don McFarland
and Linda Gill McFarland
1st-5th July 2010 10.00am-5.00pm
Glastonbury UK**



In choosing to live other than from old conditioned responses, we can create new, more life-affirming neural pathways. Using the remarkable approach of Body Harmony we will engage with the plasticity of the brain, guided by Don and Linda McFarland.

“When you experience the mechanics, a Happy Brain is no longer a hit and miss affair – it becomes a cultivated reality” Dr. Don McFarland.

Body Harmony® is hands-on bodywork that activates the client’s own unique, innate healing abilities, aligning intention, posture and perception. It creates lasting, sustainable change, unlocks potential, eases mind, body, emotions and spirit, and provides simple tools for everyday life. It is also highly enjoyable, both to give and to receive.



The fundamental principals of Body Harmony® will be included in this class, so newcomers as well as practitioners of all modalities are welcome. There will also be a visit, as part of the class, to Cadbury Castle, a Neolithic hill fort, considered by many to be the site of King Arthur’s Camelot. There will be time for participants to experience the magic of Glastonbury, and its historic and sacred sites.

DATES	1st July – Monday 5th July
VENUE	St Mary’s Church Hall, Magdalene St., Glastonbury, BA6 9EJ
COST	£700.
DISCOUNT	£150 if non-refundable deposit of £150 received by April 1st. Balance to be paid in full by May 31st.
CONTACT	Susy Joy 01458 833311/077901 32797 susy@susyjoy.co.uk David Webb 020 7713 7668/07850 555402 david@jukeboxlondon.co.uk

Don and Linda will also be available for private sessions in London on June 28th, and in Glastonbury on June 30th and July 6th. Contact David or Susy for bookings.